

**Amendments to the Specification:**

In the Abstract:

Please amend the Abstract as follows:

--Abstract of the Disclosure

An elongate spindle member having rigidity and stability against pressure and tensile loads as well as bending and torsional loads, is made by winding-up a plurality of mutually interlocking chain links (1, 12), during axial advancement displacement of the chain links, into a helical winding (5, 16) by a winding guide (14). The elongate spindle member is connected formed by the helical winding extends between two objects, one of which the winding guide (14) is connected with the winding guide (14) one of the two objects. The first turn of the helical winding is connected with a coupling member for connection with the other of the two objects, and each. The helical winding is formed by drivingly connecting the chain links to a rotatable driving device in the winding guide chain link is retained and retaining each chain link in engagement with neighboring links in the same turn as well as adjacent chain links in neighboring turns.--